2014 Paganicon: Is This a Cult?

# Resources and References

**Advanced Bonewits Cult Danger Evaluation Frame**

<http://www.neopagan.net/ABCDEF.html>

**Wheels of Power and Control**

National Center on Domestic and Sexual Violence

<http://www.ncdsv.org/publications_wheel.html>

\*comprehensive wheel gallery; Duluth model has evolved since 1999

## **Domestic Violence Information and Warning Signs**

http://www.hiddenhurt.cRio.uk/warning\_signs.html

**Cult Checklist**

**International Cultic Studies Association\***

http://www.icsahome.com/

**Resources on Mind Control and Manipulation**

**Really Weird Stuff: How to be a Successful Cult Leader**

http://www.reallyweirdstuff.com/howtobesuccessfulcultleader.htm

Somewhat biased examination of cult leaders and cult tactics. (Notable bias: broccoli hatred.)

**LifeHacker: Brainwashing Techniques you encounter every day**

<http://lifehacker.com/5886571/brainwashing-techniques-you-encounter-every-day-and-how-to-avoid-them>

**NullByte: Advanced Social Engineering: the Mind Hacks Behind Brainwashing**

http://null-byte.wonderhowto.com/inspiration/advanced-social-engineering-mind-hacks-behind-brainwashing-0133399/

**Recommended Books**

Rude Awakenings by P.T. Mistelberger

Brainwashing: a Synthesis of the Russian Textbook on Psycho-politics

(available free online)

The Brainwashing Manual by L. Ron Hubbard

<https://archive.org/details/TheBrainwashingManual>

(ostensibly a ripoff of the Russian Textbook)

**Search Keywords**

* Cult leader profile
* Abuser profile
* Abusive personality
* Religious abuse
* Spiritual Abuse
* Wheel of Power and Control
* Bullying
* Workplace bullying

Note: Religious/spiritual abuse material and support often focuses exclusively on Christian doctrine. Often there is far too much emphasis at these sites on looking at the ***expressed beliefs*** rather than observing the ***enacted behavior***.

\*Excellent resource of information on cults and cult practices. Also main source for deprogramming, which in itself is problematic in light of what does and does not constitute abusive behavior.

Disclaimer: Diana Rajchel is not a therapist or psychiatric professional. She is registered clergy in the state of Minnesota and a mandated reporter. She has used the ABCDEF in academic work in the past and her primary interest is in seeing its continued application.